

THE SPEAKER OF THE MONTH

The speaker for our August 3, 2023 luncheon has not been determined at this printing.

Richard Sale Little Sir

NOTICE: ALWAYS LOOKING FOR VOLUNTEERS!!

WE NEED **“YOU”** FOR VARIOUS COMMITTEES AND ACTIVITIES

THIS IS CRITICAL TO ENSURE A SUCCESSFUL ORGANIZATION INTO THE FUTURE!

PLEASE HELP OUT BY STEPPING UP AND JOINING IN!

Glen Kramer; 510 377-4168 kramer4112@sbcglobal.net

Or

Rick Sale; 916-792-3313 ricksale17061@gmail.com

If interested.

SIR of the Month July

SIR Sam Frazier was raised in Southern Missouri. He refers to his childhood as his Mark Twain days. As a child, he enjoyed bicycling, fishing, and camping. Although his parents separated when he was a young child, they reconciled when he was age 15. His family then moved from Missouri to Phoenix, Arizona. Subsequently, unfortunately, Sam's father was killed in an airplane crash. Sam began working a full-time job while in high school at the beginning of his 10th grade and he has been working a full-time job ever since that time. After graduating from High School, while in college, Sam played tennis for three years on a tennis scholarship and still managed to work a full-time job and attend classes. Sam graduated from college with an Associate Degree, a Bachelor of Science Degree, and a Doctor of Jurisprudence. He passed the bar examination and became an attorney in California.

Sam's legal practice was, and still is, in beautiful La Jolla, California. He also maintains a branch office in Auburn. Sam wanted to retire after having a stroke three years ago, but his clients refused to take him seriously and respect his wishes. Sam expressed that he had "a great practice". Being in the La Jolla community provided him with the opportunity to represent high-end clients, famous actors, and professional athletes. He practiced law as a trial attorney handling many high-profile trials in the San Diego court system. Sam has provided legal services in numerous fields. For example, Sam has provided services as an aviation attorney and is on the Aircraft Owners and Pilots Association Attorney Panel and he has continuously represented airline pilots and aviation industry clients. Sam is a member of the Elks Lodge and has served as the Trial Counsel for the Grand Lodge on various matters from internal conflicts to sexual harassment and many other actions that involved Elk members. Sam points out that it may surprise people to know that the Elks Lodge has a set of laws that are thicker and more intense than all the laws of the State of California. Sam has also served as a Lecturing Knight and a Trustee for the Elks. Sir Sam Frazier is a sworn California Superior Court Judge and has been serving as a Superior Court Judge Pro Tem for the past 26 years in all the courts in San Diego County as well as Placer County, Nevada County, and El Dorado County. Judge Sam Frazier primarily hears Small Claims Court cases, traffic trials, and motions concerning matters of law.

Besides Sam's extensive educational and vocational activities, he has and continues to live, a very full life. At a very early age, Sam became a magician, and a child performer, in Southern Missouri, performing at various groups including boy scouts, church groups, and other organizations. After graduating from college, Sam became aware that he could work for the San Diego Unified School District. At that time, one did not need a special fifth-year credential. Sam applied for a job in their Special Education School. When Sam walked in for the interview for the job, he noticed that the woman who was about to interview him was absolutely, stunningly beautiful. She looked at his credentials, talked with him for a while, and finally said that he, "had potential". She then hired him on the spot! Sam shares that the lady, Pam, who interviewed and hired him as a special education teacher, was "one of the most beautiful women he has ever seen, but she was very strict and difficult to work with, as she had her way of doing things." Sam thinks at the time Pam had too much on her plate. Sam shares that she was a very gifted special education teacher, and she was extremely knowledgeable. She had boyfriends that had fancy cars. At the same time, she was dating a doctor, a lawyer, and a professional football



The speaker was Richard Sale, Docent for the California State Railroad Museum. He gave a presentation about the California Zepher trip he has taken as a Docent highlighting the part in California.

Great presentation.



Visit the SIR Branch 37 web site at <http://sirbranch37.weebly.com/>

and

For SIR Happenings use the SIR State Website <http://sirinc.org/sirhappenings/>

Sir of the Month (continued)

player. It should be noted that, at the time, Sam was driving a beat-up Rambler. A window on one side wouldn't go up and on the other side, the door wouldn't open. Sam navigated his way through the various aspects of their relationship and the difficulties of working together, and ... a year after the interview, he married Pam. Sam shares that after the first ten years of marriage, he asked his wife, Pam, why she married him. She replied, "I thought you had potential". It has been a family joke ever since then. As Sam phrases it, he, and his wife "have been married 47 years plus a year in sin".

Back to Sam's clowning around ... He and his wife attended both sessions of the Ringling Clown school and they became, and continue to be, professional clowns. Each year, Sam and his wife perform either in San Diego, Phoenix, Colorado Springs, Denver, or Homer, Alaska as Santa, and Mrs. Claus for the Salvation Army. Sam and his wife perform together for the Salvation Army, Rotary Clubs, Boys & Girls Clubs, Military Organizations on bases around the world, and other similar organizations. Sam was inducted into the International Brotherhood of Magicians in 2008 following a performance in Paris, France. He has continuously performed as a magician. See Sam's website: www.clowns2.com

Sam is a private pilot with over 4,000 hours as a pilot in command of his own airplanes. His wife, Pam, is also a pilot. And... their son is a commercial airline pilot. Sam is a Past President of a Rotary Club and past President of the La Jolla Bar Association. Sam is a licensed Private Detective. He founded, owns, and has operated a firm by the name of California Detectives since 1980. Sam and his company, California Detectives, are fully licensed by the Bureau of Security and Investigative Services. Detectives in California must have a 4-year degree and pass a full day-long exam. See the following link for pictures relating to some of Sam's projects and activities: <https://www.dropbox.com/s/b8022wcxq20n2k5/Sam%20Frazier%27s%20Projects.docx?dl=0>

Sam encourages any of you who have an interest in Olympic Ice Skating to please check out his grandson, Brandon Frazier. Brandon is a 3 time and currently reigning National U.S. Figure Skating Champion in pairs. He is the reigning World Figure Skating Champion in pairs. He is also a 2022 Olympic medalist. See the following link for a video of Brandon skating in a competition: <https://youtu.be/k5PW1Dfugg> Sam's granddaughter, Maddie Zack, won the National Women's Collegiate Golf Tournament but elected to be a teacher rather than go on the pro golf circuit.

For you Ham Radio operators out there, Sam's call sign is KB6SQT. Sam shares that he is "an avid golfer; not a good golfer... just an avid golfer." Sam has raised and trained donkeys alongside his horse named Lady. Sam is also a tenth-degree blackbelt and he, since elected in 2007, has been a Grandmaster for the World Martial Arts Testing Authority Tang Soo Do Federation. Sam is a fully certified Grandmaster Instructor, by the World Martial Art Testing Authority. He is authorized by the World Martial Art Testing Authority to train and certify Black Belt testing. He tests students to both Black Belt and advanced Black Belt ranks. Sam has continuously operated martial arts schools at Lakeside, San Diego, La Jolla, La Mesa, and Auburn. See the following links relating to Sam's martial arts activities: <https://www.worldmata.com/> and http://www.eternalart.org/karate/3_c_frazier.htm Sam is also an active sailor, and he has obtained his Open Ocean International Sailing Instructor's Certificate. He has built three sailboats.

Sam's home in Southern California burned to the ground, twice. The first time in the Cedar Fires of 2003 and the second time in the Witch Creek Fires of 2007. Two of the three sailboats which Sam built were destroyed in the wildfires that also destroyed their home. The second loss of their home is why Sam and his wife decided to leave Southern California and move to Northern California via Colorado Springs. Sam found what he misses the most from Southern California was the comradery and friendship of a lifetime of associates and friends that he had there. Sam became a SIR to associate with other like-minded men. Sam thought that SIRS seemed like a perfect fit. He has enjoyed his new friendships. He was unable to attend SIRS during the pandemic because three years ago he suffered a stroke due to a blood clot in his brain. He was advised not to get the COVID vaccine because in some cases, blood clotting was suspected to be a possible side effect of the vaccines. Due to his previous history of a blood clot, taking the vaccine may have been more dangerous for Sam than for others. Now that the COVID vaccine mandate has been lifted Sam is happy to return as an active SIRS member.

Sam has been a long-time distance cyclist and most recently rode his bicycle along the Canal Du Midi which stretches across Southern France from Bordeaux near the Atlantic Ocean through Toulouse, France, all the way to the Mediterranean Sea. Although Sam's stroke has caused him some considerable disability, going forward, in addition to all the activities previously mentioned that Sam is still involved with, Sam plans to continue to make long-distance cycling trips. Sam still has plenty of potential! His next bicycle trips will be 1) the Katy Trail across Missouri, followed by, 2) the Ohio to Erie Trail, followed by, 3) the EuroVelo 6 along the Danube River from Germany to Vienna Austria. Sam would be interested in having a Cycling activity added to our Branch 37 variety of activities. If any of you would be interested in participating in a Branch 37 Cycling Activity, please approach Sam and share your common interest with him.

Gentlemen, I suspect that if you were to approach Sam to learn more about his interesting experiences as an attorney, a judge, a detective, a clown, a pilot, a long-distance cyclist, a golfer, a sailor, a teacher, a winemaker, vintage auto restoration and in martial arts, etc., he would be willing to tell you more than is mentioned above. Sam is an extremely accomplished and active individual. He has held leadership positions in several organizations. He has earned many accreditations.

Thank you very much, SIR Sam Frazier, for volunteering to be our Sir of the Month and providing us with details of some of your many interesting experiences and accomplishments.

Our SIRs activities: Bocci, Poker, Golf, Dining Out, Science & Technology, Investing, Hiking, and Fishing all provide excellent opportunities to share the wealth of our experiences and knowledge with each other and to make new friends.

Sir Profiler Steve Clyatt

NEW MEMBER! WELCOME TO SIR'S BANCH 37



Roy Lambert

Roy and his wife Lori reside in Newcastle. He retired from Slakey Brothers in procurement as a Buyer. His SIR sponsor is Jack Meylink. His interests: gardening, hiking, musician, poker & travel.

Welcome Roy



Happy Birthday To Sirs

Ross Berlin
Stanley Bishop
Jack Cary
Robert Cole
William Hirsch
Jim Joyner
Peter Rau
Jerry Wolf

SIR BRANCH 37 HIKING ACTIVITY

For the first hike of the SIR branch 37 hiking group we kept it local and hiked the trail from the confluence to Lake Clementine Dam. Weather was great and water coming over the Dam was spectacular.



On July 17 we will be walking the Avery's Pond trail alongside Folsom Lake. Trailhead for this flat 2.4 mile out and back hike is at Rattlesnake Bar.

Early notice that the planned hike for August will be the Buttermilk trail alongside the Yuba river. This is also a relatively easy hike with what I think is some of the most spectacular scenery around.

I send out a separate email prior to each hike with when and where details. If you would like to be included on distribution for these emails just send me a note at: jackmeylink@yahoo.com

Happy Trails, Jack

Here is a partial list of some of the hikes we have done in the past:

Park Headquarters to Confluence Loop
Stagecoach Trail
American Canyon Trail
Lake Clementine Access Trail
Quarry Road Trail
Codfish Falls Trail
Buttermilk Trail (Yuba river)
Marshall Monument Loop (Gold discovery site)
Old Salmon falls bridge (Folsom Lake - low water)
Mormon Island (Folsom - low water)
Summit Lake (Hwy 80 summit)
Yuba Rim Trail
Lost Slough Wetlands
Nisenan Loop (Nevada City)



F Y I

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Know of an ill Sir or spouse we will send a card, call
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To withdraw, change address, or report a deceased member, call
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ATTENDANCE

JULY REPORT

Sirs Present 69
 Guests 2
 Speaker 1
 Visitors 0
 Excused* 12

Attendance total: 72

Total Member count: 147

*If you cannot attend, contact:

Frank Michny
916-296-4158

E-mail: fmichny@gmail.com

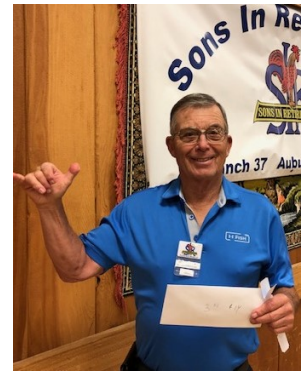
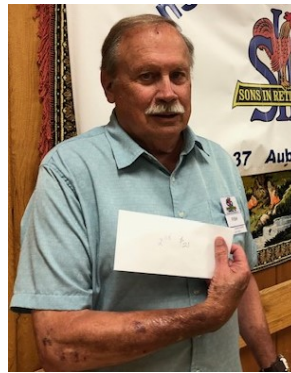
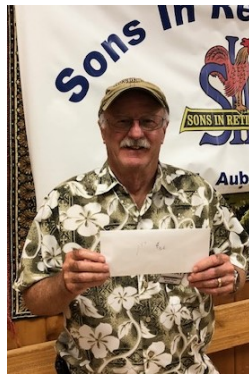
SIR ATTENDANCE RULE:

A member shall be required to attend one-half (6) of the regular Branch monthly luncheon meetings within the previous twelve (12) consecutive month period. Certified attendance at another Branch Meeting will be considered as a credit to the attendance record.

"NON-RESPONSIBILITY DECLARATION All activities arranged for or by, or sponsored by, Sons In Retirement Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities"

BRANCH 37 ACTIVITIES (contact chairmen for information)

ACTIVITY	CHAIRMAN	PHONE	DATES AND TIMES
Coordinator	Steven Lease	916-899-4026	Meets during Luncheon social hour.
Bocce Ball	Al Andersen	916-652-5656	Monday; 9 am @ Recreation Park
Asst. Bocce Ball	Gary Willett	530-367-6175	
Book Exchange	Ron Mussulmann	805-540-4480	Every Luncheon during social hour.
Dinning Out	Steven Lease	916-899-4026	Monthly
Golf-Friday Grp.	Jim McCrary	530-878-0440	Fridays 9:00am @ Black Oak
Golf-Tuesday Grp.	Gene Vogel	530-889-2882	Tuesday 10:30am @ Black Oak
Hiking	Jack Meylink	530-305-9112	Monthly
Money Matters	Chuck Van Dam	530-823-2667	Wednesday before Luncheon, 3:30 pm Elk's lodge
Poker	Doug Perry	916-824-2225	Tuesday & Friday afternoons
Asst. Poker	Jack Cary	530-878-0310	
Science & Technologies	Chuck Vrooman	530-885-1335	2nd Wednesday;10:30am via Zoom
Veterans Parade	Al Mattson	530-852-2500	Yearly Nov. 11th@ Auburn
Web Master	Chuck Vrooman	530-885-1335	On going



Branch 37 Opportunity Drawing winners

The winners at the July Luncheon were (left to right) 1st prize Dennis Cross , 2nd prize Richard Fisher, and 3rd prize Dennis Koehn



Sirs with birthdays in July who attended.

ALL PHONE NUMBERS LISTED ARE IN AREA CODE 530 UNLESS OTHERWISE INDICATED