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SIR Branch 37 Bulletin

FOUNDED JULY 1958

Org. March 6, 1972

BRANCH 37 OFFICERS

RETURN SERVICE REQUESTED

Big Sir Glen Kramer 885-8551
Little Sir Richard Sale 916-792-3313
Treasurer Al Mattson 823-0576
Secretary Doug Perry 916-824-2225

1500 Wimbledon Drive
Auburn, CA 95603-3028

"Celebrating Branch 37's 51th year of serving Placer & El Dorado County Retired & Semi-retired Men"

TIME DATED

MAILED 06/15/2023

VOLUME 51 NUMBER 7

AUBURN CA 95603 * REGION 1 AREA 2

Jul 2023

SIR is a Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement

BIG SIR'S CORNER

A Patriotic July

Hello SIRs and happy summer! After a rather mild spring, and a very wet winter, let us hope the coming summer months offer a reprieve from the threat of wildfire that has plagued us in recent years, allowing us to truly enjoy the barbeques, parades, fireworks, fairs, picnics and carnivals that bring us together to celebrate our nation's founding. It is interesting to note that the legal date of separation from Great Britain was July 2, 1776, when the Second Continental Congress voted to approve a resolution of independence in closed session. However, it took an additional two days of Congressional debate to formulate and vote upon what is now known as the Declaration of Independence. Seems things were speedier in those days.

We were notified that Chef Scott, the Elks magnificent kitchen manager, has retired. We are grateful for his years providing us with exceptional cuisine and wish him well in his future endeavors. Not missing a beat, Kathy Medeiros and her kitchen team provided 82 SIRs, guest Basil Lobaugh and our two speakers with homemade lasagna, sausage, mixed vegetables, salads and garlic bread. Yum! We hope that Mr. Lobaugh was favorably impressed and will join our group. It was encouraging to see our luncheon attendance has now climbed into the mid-80's and we hope that trend continues. There's plenty of room! As always, if you will not be able to attend our next meeting, please contact Frank Michny at fmichny@gmail.com to let us know.

Our new activity groups are off to a great start! Chuck Van Dam now heads our "Money Matters" group (formerly Investment Study Group), where a wide variety of personal financials and market issues are discussed. They meet the Wednesday before the monthly luncheon. Jack Meylink is head of our Hiking Group. Finally, our dining out group headed by Steven Lease just enjoyed an outing at Tap and Vine. If interested in any of these activities, contact Chuck at vandam.ce@gmail.com, Jack at jackmeylink@yahoo.com or steven@stevenlease.com. Of course, golf, bocce ball, science and tech, poker and book exchange are all meeting regularly. Golf has some State activity going on in addition to weekly outings. Contact vogelgene@wavecable.com for further information. Our Sir of the Month was Bryan Johnson profiled by Steve Clyatt. His bio appears elsewhere in this issue. If you would like to be profiled as Sir of the Month, please contact Steve at scllyatt@aol.com.

We always think about those who are ailing and can't attend our functions. If you know of anyone who is in poor health, please send a quick e-mail to Peter Rau, our Sunshine Guy. Peter can be reached at prau99@hotmail.com.

Our speakers were Brianna Phillips and Alicia Rist from Eskaton Village Grass Valley. They presented the various types of senior living options, from active independence to assisted living and memory care. They also touched on financing and resources that might be available. They encouraged anyone interested to check out the various options BEFORE they are needed. Thank you Alicia and Brianna!

Our next two BEC meetings will be Thursday, June 15, 2023 and July 20, 2023. They always start at 9:00 a.m. at Mel's Diner, 1730 Grass Valley Highway in Auburn and all are welcome to attend. Our next luncheon is Thursday, July 6, 2023. You can make our branch sparkle. Reach out to a friend or neighbor and invite them to our lunch, where they can learn about our organization. Have a great month!

Big SIR Glen Kramer



JULY CALENDAR

WE MEET the 1st THURSDAY of EACH MONTH @ THE AUBURN ELKS LODGE
11:00 am Social Hour
12:00 pm Noon Lunch

July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Jul 6 Luncheon Meeting 11:00 to 1:30 pm
Jul 10 Bulletin Material Due
Jul 20 Executive Board Meeting
9:00 am @ Original Mel's Dinner
1730 Grass Valley Hwy, Auburn
All Sirs Welcome

LUNCHEON MENU

BBQ Pork Ribs
GARDEN SALAD & DRESSING
FRESH VEGETABLES
BREAD & BUTTER
DESSERT
COFFEE & TEA

If you will miss a luncheon email Frank at fmichny@gmail.com or call him at 916-296-4158

THE SPEAKER OF THE MONTH

The speaker for our July 6, 2023 meeting will be Rick Sale, he will talk about the California Zepher trip, mostly highlighting the part in California.

Richard Sale Little Sir

Book Exchange

The concept is simple: "Bring a book, take a book", but no textbooks. You will only be asked to put your name on a list, so we may determine the number of SIRs participating. The activity will take place on the pool table in front of the bar.

Call Ron Mussulmann (805) 540-4480 with any questions.



The speaker's were Brianna Phillips and Alicia Rist from Eskaton Village Grass Valley. They presented the various types of senior living options, from active independence to assisted living and memory care. They also touched on financing and resources that might be available.
Great presentation.

Attention Golfers

Mark Stuart
2023 State Golf Chair
916 218-2287
Fellow Golfers,



Attached are announcements of upcoming golf events that are being put on by either SIR State Golf or in conjunction with a Branch Golf event.

The same information along with registration forms is posted on our State Golf website. You can get additional details at the State website it's address is: www.sirgolf.org

Click to view and printout the flyers.

Reno Tournament

State Team Championship

Many Thanks,
Mark Stuart, 2023 SIR State Golf
Committee Chair



Visit the SIR Branch 37 web site
at [http://
sirbranch37.weebly.com/](http://sirbranch37.weebly.com/)
and
For SIR Happenings use the
SIR State Website
[http://sirinc.org/
sirhappenings/](http://sirinc.org/sirhappenings/)

SIR of the Month June

Bryan Johnson is a 5th generation Native Californian. Born in Woodland, California in 1961, he attended Kindergarten through 12th grade in Dixon, California, and graduated from Dixon High School in 1979. Bryan excelled on the Dixon Football and Track & Field teams. Of the various Track & Field events, Bryan was attracted to pole vaulting due to its uniqueness and the challenge it presented. It requires speed, strength, and agility.

While in high school, Bryan was a Varsity pole vaulter for all four years. He set numerous new school records. He served as the Track Team Captain in his Junior and Senior years.

Bryan attended California State University in Chico, California with the intent to be a member of their Track & Field team. After two years at Chico State, Bryan moved on to a position in retail management. Soon after, in 1982, he decided to enlist and serve in the United States Air Force.

Bryan completed Basic Training in San Antonio, Texas, and Technical School in Wichita Falls, Texas. His first permanent duty station was at Royal Air Force Alconbury, England, where he served in the 10th Civil Engineering Squadron for three years. In 1986 he was transferred to Blytheville, Arkansas, where he completed his Active-Duty obligation before being transferred to the 349th Civil Engineering Squadron of the United States Air Force Reserves at Travis Air Force Base, California.

In 1987, Bryan accepted an appointment to a Civil Service position with the Department of the Air Force at Travis Air Force Base. Bryan served as a "Full-Time Reservist", otherwise known as a "technician". He managed the day-to-day affairs of the Air Force Reserve's 349th Civil Engineering Squadron. While serving in the US Air Force and the Air Force Reserves, Bryan earned his Bachelor of Science Degree via a satellite campus of Southern Illinois University at Carbondale, Illinois. He graduated from Southern Illinois University's College of Engineering in 1988.

In 1991, Bryan resigned from his Civil Service position at Travis Air Force Base and was honorably discharged from the United States Air Force Reserves.

After working briefly within a family-owned construction and development company in Sacramento in 1992, Bryan accepted an appointment to a Civil Service position with the United States Small Business Administration. Bryan served within the Small Business Administration as a Construction Analyst, assisting individuals and businesses who had suffered losses due to federally recognized natural disasters. Simultaneously while working for the Small Business Administration, in 1996, Bryan earned a Master of Arts degree in Management from National University, in Sacramento.

In 1996, Bryan transferred to a similar position and role within the California State Office of Emergency Services. He had a 25-year career with the State of California.

During his career with the State of California, Bryan held numerous positions related to Construction Management, working within several departments and agencies. Ultimately, he retired in 2020 as the Senior Departmental Construction Manager at the California Department of Veterans Affairs.

Bryan and his wife, Diane, have five adult children and five grandchildren. About five years ago they moved to the Auburn area from El Dorado Hills which is located at a little lower elevation than Auburn. They wanted to move to an area within the foothills at the approximate elevation of Auburn to be able to enjoy the environment and climate that living at this elevation offers. Another motivation to move to Auburn was that Bryan has two brothers who live on the outskirts of Auburn.

Now retired, Bryan and Diane are more active within their church here in Auburn and they are enjoying more time with their family. They also enjoy traveling and RVing as much as their schedules allow.

With SIRs, Bryan participates in Bocce and Golf as often as his busy schedule allows. He would like to facilitate some Fly-Fishing activities within our Branch, but he does not know if any other members of our Branch enjoy Fly-Fishing. If you are interested in doing some Fly-Fishing with SIRs, please let Bryan know. Besides Bocce, Golf, and Fly-Fishing, Bryan enjoys Snow Skiing and Mountain Biking.

Bryan visited several European countries while on active duty with the United States Air Force in England. Subsequently while with the Air Force Reserve Squadron Bryan was deployed to Berlin, Germany, where he visited both the West side and East side of Berlin just before "The Wall" came down in 1989.

Bryan and his wife Diane have vacationed in Costa Rica, Hawaii, Mexico, and numerous States. Bryan shared that in his travels; Costa Rica and Mexico were two of his favorite countries because he found the people in those countries to be genuinely friendly and because he found that the food in those countries was exceptionally good.

This summer, Bryan and Diane will make a 3-week RV trip through Utah and Southern Colorado. They plan to visit several National Parks along the way. They also have an Alaskan cruise scheduled in the future.

Bryan is an active member of the Auburn Elks Lodge. SIR Pete Rau, who is also an Elks member encouraged Bryan to join our SIRs Branch. Thank you, Pete, for the contributions you have made to our Branch by sponsoring several inspiring new members like Bryan Johnson to join our Branch.

Bryan is a very accomplished and active individual. He has held leadership positions and lifetime memberships in several organizations. He is a Life Member of the America Legion, past President of the American Legion Riders Chapter 84 and past Vice Commander of Auburn Post 84. He is also a Life Member of the Air Force Association and a Life Member of the NRA. Bryan has earned and maintained several licenses for various professional services. He maintains a California Real Estate Broker's License, first issued in 1982 and he also maintains a California General Contractor's License, first issued in 1992.

I suspect that if you were to approach Bryan to learn more about his interesting experiences within the Military, Construction, Snow Skiing, Mountain Biking, Fly Fishing, RVing, and Traveling, he would be willing to tell you more.

Our SIRs activities: Bocce, Poker, Golf, Dining Out, Science & Technology, Investing, Hiking, and Fishing all provide excellent opportunities to share the wealth of our experiences and knowledge with each other and to make new friends.

Thank you SIR Bryan Johnson for volunteering to be our Sir of the Month and for providing us with some of the interesting details of your incredibly inspirational life.



Happy Birthday

To Sirs

Ron Bailey

James Bean

Tom Bowen

William Chelonis

Robert DiMiceli

Jimmie Gaddie

Glen Kramer

Paul Ruud

Mike Schumacher

Lenwood Shields

John Slattery

Daniel Sterkin

SIR BRANCH 37 HIKING ACTIVITY

What: SIR branch 37 Hiking Activity - for SIR branch 37 members. Spouse, Partners welcome. Pets OK on most hikes. Plan to keep hikes in the easy to moderate range (2 - 5 miles). Difficulty and distance will be given prior to each hike.

When: At this time plan is for one hike per month on the 2nd Thursday (week after our normal monthly luncheon and week before BEC. Start time will be determined by forecasted temperature and distance to hike as well as length of hike. Normally 9am but will move earlier on hot summer days.

Where: Various locations in our area. We will take advantage of the numerous hiking opportunities offered in the American River Canyon but when we did this activity previously we sometimes drove as much as 1.5 hours to start our hikes. I personally look for hikes to waterfalls, rivers, spring flowers, and other unique settings.

How: Each month I will send out notification of where and when the hike is planned. This usually includes length of hike, difficulty, distance to start of hike, and carpooling information if applicable. In most cases we will have a local meeting place to arrange carpooling to the actual trailhead of the hike.

Who: I plan to maintain an email list of those that have contacted me regarding interest in hiking. Each month I will send an email to this list. I ask for a yes or no response so that we know who to expect on each hike. I also request phone numbers from each of the hikers in case of last minute changes or to check on someone that doesn't show at expected time.

Here is a partial list of some of the hikes we have done in branch 37:

Park Headquarters to Confluence Loop
Stagecoach Trail
American Canyon Trail
Lake Clementine Access Trail
Quarry Road Trail
Coddfish Falls Trail
Buttermilk Trail (Yuba river)
Marshall Monument Loop (Gold discovery site)
Old Salmon falls bridge (Folsom Lake - low water)
Mormon Island (Folsom - low water)
Summit Lake (Hwy 80 summit)
Yuba Rim Trail
Lost Slough Wetlands
Nisenan Loop (Nevada City)



Sir Profiler Steve Clyatt

F Y I

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 Region 1 Director Hugh Thompson
 Area 2 Governor TBD

BRANCH 37 OFFICERS

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 Little Sir Rick Sale
 Secretary Doug Perry
 Asst. Secy. Bill Gray
 Treasurer Al Mattson
 Asst. Treas. Chuck Novak

DIRECTORS

3 Years: Gary Willett
 Jim Dill
 2 Years: Woody Shields
 Richard Fisher
 1 Year: Jimmy Mullenix
 Warren Manley

BULLETIN EDITOR

Mike Moore 367-5270
 mikedonnamoore@yahoo.com

ASSISTANT EDITOR

Bill Gray 305-3126
 billgray01@gmail.com

HONORARY LIFE MEMBERS

Don MacGregor Tom Bowen
 Pete Politi Al Mattson
 Rick Sale Craig Saunders

SUNSHINE

Know of an ill Sir or spouse we will send a card, call
Peter Rau 916-248-0317

MEMBERSHIP

To withdraw, change address, or report a deceased member, call
Bill Gray 305-3126

ATTENDANCE

JUNE REPORT

Sirs Present 83
 Guests 1
 Speaker 2
 Visitors 0
 Excused* 22

Attendance total: 86

Total Member count: 147

*If you cannot attend, contact:

**Frank Michny
 916-296-4158**

E-mail: fmichny@gmail.com

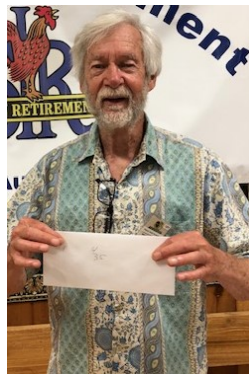
SIR ATTENDANCE RULE:

A member shall be required to attend one-half (6) of the regular Branch monthly luncheon meetings within the previous twelve (12) consecutive month period. Certified attendance at another Branch Meeting will be considered as a credit to the attendance record.

"NON-RESPONSIBILITY DECLARATION All activities arranged for or by, or sponsored by, Sons In Retirement Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities"

BRANCH 37 ACTIVITIES (contact chairmen for information)

ACTIVITY	CHAIRMAN	PHONE	DATES AND TIMES
Coordinator	Steven Lease	916-899-4026	Meets during Luncheon social hour.
Bocce Ball	Al Andersen	916-652-5656	Monday; 10 am @ Recreation Park
Asst. Bocce Ball	Gary Willett	530-367-6175	
Book Exchange	Ron Mussulmann	805-540-4480	Every Luncheon during social hour.
Dinning Out	Steven Lease	916-899-4026	Monthly
Golf-Friday Grp.	Jim McCrary	530-878-0440	Fridays 9:00am @ Black Oak
Golf-Tuesday Grp.	Gene Vogel	530-889-2882	Tuesday 10:30am @ Black Oak
Hiking	Jack Meylink	530-305-9112	Monthly
Money Matters	Chuck Van Dam	530-823-2667	Wednesday before Luncheon, 3:30 pm Elk's lodge
Poker	Doug Perry	916-824-2225	Tuesday & Friday afternoons
Asst. Poker	Jack Cary	530-878-0310	
Science & Technologies	Chuck Vrooman	530-885-1335	2nd Wednesday;10:30am via Zoom
Veterans Parade	Al Mattson	530-852-2500	Yearly Nov. 11th @ Auburn
Web Master	Chuck Vrooman	530-885-1335	On going



Branch 37 Opportunity Drawing winners

The winners at the June Luncheon were (left to right) 1st prize Ron Mussulmann, 2nd prize Mark Kahl, and 3rd prize Dave McBrayer



Sirs with birthdays in May who attended.

ALL PHONE NUMBERS LISTED ARE IN AREA CODE 530 UNLESS OTHERWISE INDICATED